U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1. File Number U - 13597	2. Fiscal Year Covered From:		
	1 / 1 / 2004 Through: 12 / 31 / 2004		
3. Name and address of person filing.	Name, file number, and address of labor organization.		
Name MICHAEL E O'MARA	Name PLUMBERS & PIPEFITTERS LOCAL 562		
	Labor Organization File Number 035-932		
P.O. Box, Bldg., Room No., if any	P.O. Box, Building and Room Number, if any		
Street 2270 SOMESET DRIVE	Street 12385 LARIMORE ROAD		
City FLORISSANT	City ST. LOUIS		
State Missouri ZIP Code + 4 63033	State Missouri ZIP Code + 4 63138		
5. Position in labor organization. ASSISTANT BUSINESS MANAGER			
Enter appropriate data below If, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions): A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.			
6. Name and address of Employer (including trade name, if any).	7.a. Nature of Interest, Transaction, or Income.		
Name			
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any	7.b. Amount.		
Street			
City City			
State ZIP Code + 4			
Signature			
15. Signature and verification. The undersigned declares, under penalty of Perjury and other applicable penalties of the law, that all of the information submitted in this report (including the information contained in any accompanying documents), has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete. (See the section on penalties in the instructions.)			
Signed Michael O'Mara	On 8-15-05 314-355-1000		
	Date Telephone Number		

Name of Person Filing MICHAEL O'MARA	File Number U-	.,,,,,	
B. Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.			
8. Name and address of Business (including trade name, if any). Name MCA: OF: EASTERN MO Trade Name, if any: P.O. Box, Bldg., Room No., if any Street 4402 ST. VINCENT City ST. LOUIS State Missouri ZIP Code + 4 63119	9. Business deals with: a. Labor Organization b. Trust c. Employer		
10. If 9.b. or 9.c. is checked give trust or employer's name.	11.a. Nature of such dealing.	\ <u>\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\</u>	
Name Trade Name, if any:	MEAL AT CONFERENCE COMMITTEE MEETING		
P.O. Box, Bldg., Room No., if any			
Street	11.b. Approximate dollar value of such dealing	\$40	
City	12.a. Nature of interest held or income rece	RACEPI GNANGANANAN ANI Neuroni anameni ai anamini nandanan ancerana anaman agangi	
State ZIP Code + 4			
	12.b. Amount.		
C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.			
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.	for given a feet death of the control of the contro	
Name			
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any			
Street			
City / City			
State ZIP Code + 4			
13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment.		